Personal First-Aid Kit

- \Box 6 adhesive bandages
- \Box 2 sterile 3-by-3 inch gauze pads
- \Box A small roll of adhesive tape
- $\square\,$ A 3-by-6 inch piece of moleskin
- $\hfill\square$ A small bar of soap or small bottle of alcohol-based hand sanitizing gel
- $\hfill\square$ A small tube of triple antibiotic ointment
- \Box Scissors
- \Box Disposable nonlatex gloves
- \Box CPR breathing barrier
- $\hfill\square$ Pencil and paper

The Scout Basic Essentials

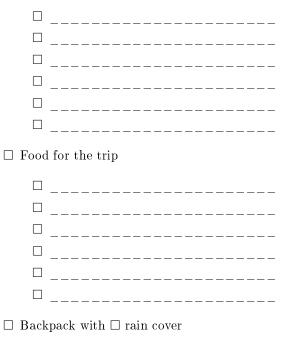
- $\hfill\square$ Pocketknife
- $\hfill\square$ Personal first-aid kit
- \Box Extra clothing
- \Box Rain gear
- $\hfill\square$ Water bottle
- \Box Flashlight
- $\hfill\square$ Trail food
- \Box Matches and fire starters
- \Box Sun protection
- $\hfill\square$ Map and compass

Optional Essentials

- \Box Insect repellent
- \Box Whistle
- □ _____ □ _____ □ _____

Personal Camping Checklist

 \Box Clothing appropriate for the season and the weather



Sleeping gear

- \Box Sleeping bag
- \Box Sleeping pad
- \Box Ground cloth

Eating kit

- \Box Spoon
- \Box Plate
- \square Bowl
- \Box Cup

Cleanup kit

- □ Soap
- $\hfill\square$ Toothbrush
- □ Toothpaste
- $\hfill\square$ Dental floss
- \Box Comb
- \Box Small towel

| Optional Personal Items | Repair kit |
|--|--|
| \Box Watch | \Box Thread |
| \Box Camera | \Box Needles |
| \Box Pencil or pen | \Box Safety pins |
| \Box Small notebook | |
| \Box Swimsuit | Group extras you may want to take |
| \Box Fishing pole and gear | \Box Hot pot tongs |
| Other personal gear for specific activities | \Box Plastic, collapsible water container (1 or $2\frac{1}{2}$ gallon) |
| □ | \Box Water-treatment filter or tablets |
| | □ Two 4-by-4 foot plastic sheets for food preparation surfaces |
| □ | \Box Spade |
| □ | Grill |
| | □ Patrol flag |
| Group Camping Gear Checklist | \Box Small American flag |
| to share and carry with other scouts | \Box Two 50-foot ropes and bear bags |
| \Box Tents, \Box ground cloths, \Box stakes | \Box Patrol first-aid kit |
| \Box Dining fly and \Box stakes | |
| \Box 50-foot nylon cord | Other group gear for specific group activi- ties |
| Cook kit | □ |
| \Box Stove(s) and \Box fuel | |
| □ Matches and/or butane lighters (in resealable plastic bags or containers) | |
| \Box Pots and pans (matched to menu and dishwashing needs) | |
| $\hfill \label{eq:spatial}$ Spatula, \hfill large spoon, and/or \hfill ladle (matched to menu needs) | |
| Cleanup kit | |
| \Box Biodegradable soap | |
| \Box Sanitizing rinse agent | |
| \Box Scouring pads (no-soap type) | |
| □ Trash can liners (for use as bear bags and for packing out litter and garbage) | |

- \Box Toilet paper
- $\hfill\square$ Food strainer